

### Austrian Association for Drama- and Theater- Therapy

The Association for Drama and Theatre Therapy in Austria has been founded by Birgit Fritz and Susanna Stich-Bender in 2019.

The purpose of the non-profit organisation is to promote drama and theatre therapy work in Austria, to dialogue with other artistic therapies and to combine research and practice. Furthermore we strive to elaborate and to develop ethical guidelines and standards for this work in Austria and to ensure further and advanced trainings. The ÖGDTT hosts an ongoing working group "Drama Therapy in Austria". With this year it is also a member of the EFD (European Federation of Dramatherapy).

[www.oegdtt.at](http://www.oegdtt.at)



#### Dr. Birgit Fritz

Drama and Theatre Therapist, Theatre of the Oppressed and Feldenkrais Practitioner, Visiting tutor and author  
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#### Susanna Stich-Bender

Clinical Drama Therapist, Eco-Therapist, Psychotherapist (HPG), Actress and Pedagogue, Mentor and Coach  
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### Kulturverein Schloss Goldegg

The cultural association Schloss Goldegg is host and partner in the organisation of the symposium. For all organisational questions, please contact us: [office@schlossgoldegg.at](mailto:office@schlossgoldegg.at)



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## The Symposium

Drama and Theatre Therapy has its origins in the late 20<sup>th</sup> century and developed out of the innovative use of theatre, play and the arts with therapeutic purposes at different places of the world at similar times (see Pendzik, 2015). Even though many pioneers of this work can be listed, it can be seen as a deeply horizontal and democratic school of arts therapy by the nature of its history.

With this Symposium we want to deliver an overview and some insight into this young form of arts therapy in Austria and present international experts of the field: Dr. Susana Pendzik (Israel/ Argentina), Evan Hastings (U.S.) and Tina de Souza (Brasil).

The Symposium is aimed at artists, teachers, social workers, art / therapists, pedagogues and professionals of all kinds, working with groups, who are interested in exploring and widening their therapeutic skill set.

### Organisation / Info:

#### Fee: € 390,- / all lectures and workshops

Accommodation and food is NOT included in the price.

**How to apply:** If you are interested in participating in the first Austrian Symposium for Drama Therapy, please reserve a ticket sending an email to:

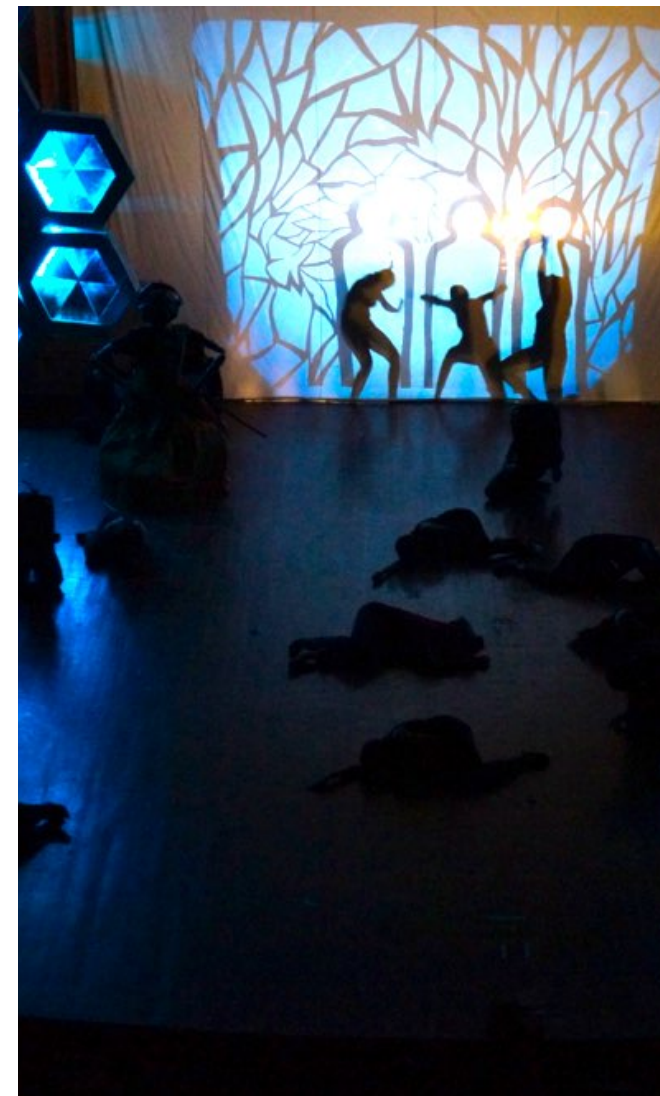
[office@schlossgoldegg.at](mailto:office@schlossgoldegg.at) or  
[birgitfritz.contact@gmail.com](mailto:birgitfritz.contact@gmail.com)

Our website [www.oegdtt.at](http://www.oegdtt.at) will regularly be updated with details.

## 1<sup>st</sup> Austrian Symposium for Drama- and Theatre Therapy

6<sup>th</sup> – 9<sup>th</sup> January 2022

Schloss Goldegg, Salzburg / Austria



## Timetable

### Thursday, 6<sup>th</sup> January:

- 2-5 pm Meeting of the working group "Drama Therapy in Austria"
- 6 pm OPENING LECTURE with Dr. Susana Pendzik  
**"Drama Therapy and the Feminist Tradition"**
- 8pm **Sacred Dance** with Tina de Souza

### Friday, 7<sup>th</sup> January:

- 9-12 am WORKSHOPS Part 1  
WS 1: **"Universal Myths and Dramatic Resonances"**  
with Dr. Susana Pendzik  
**OR**  
WS 2 **"Shadow Liberation Theatre"**  
with Evan Hastings
- 2-5 pm WORKSHOPS Part 2
- 7 pm Book presentation  
**"Orixás in Psychotherapy"**, Tina de Souza (BR)
- 8-10 pm WORKSHOP **"Sacred Dance & Orixás in Psychotherapy"**

### Saturday, 8<sup>th</sup> January

- 9-12 am WORKSHOPS Part 3
- 2-5 pm WORKSHOPS Part 4
- 5 pm **Presentations** of the workshop groups
- 5.30 pm Interactive Installation (30min)  
**"Shadow Liberation as Community Art"**
- 8-9pm **Evening talk** with all teachers

### Sunday, 9<sup>th</sup> January

- 9-10am **Information about the ÖGDTT**  
with Birgit Fritz & Susanna Stich-Bender
- 10-12 am WORKSHOP **"Sacred Dance & Orixás in Psychotherapy"**

## Workshops

With these workshops we strive to give a little insight into how wide and diverse the drama- and theatre therapeutic field can be: from non-verbal expression in trance inducing dance to the investigation of collective stories and universal myths to the hands on negotiating and dialoguing with the shadows we carry within. Our teachers, who come from different corners of the world, represent the global dimension this therapy form definitely brings with it.

### WORKSHOP 1

#### **"Universal Myths and Dramatic Resonances" with Dr. Susana Pendzik**

In this workshop Susana Pendzik will guide participants through ways of experiencing stories, deconstructing and challenging official narratives, empowering alternative discourses, finding healing metaphors, connecting personal experiences to universal myths and stories, while incorporating universal wisdoms from ancient and modern cultures for patterning psychic processes using ritual forms and dramatic resonances – a drama therapy-based approach, grounded in the transformative power of dramatic reality and its ability to produce resonances in the human psyche.

### WORKSHOP 2

#### **"Shadow Liberation Theatre" with Evan Hastings**

This workshop will dance between light and shadow, concrete and abstract, reality and representation. As an intermodal play space, Shadow Theatre offers distancing strategies conducive to playing with taboo or traumatic material in metaphoric, veiled or abstracted ways. (...) This experiential workshop will be embodied and hands on with reflection in action. You are invited to step to the edge, enter the shadows and play.

### WORKSHOP 3

#### **"Sacred Dance & Orixás in Psychotherapy" with Tina de Souza:**

The *Sacred Dance* proposes the awakening of the sacred within, the exploration of the essence of each of the elements and the alignment of body, mind and spirit. This work is accompanied by guest musicians from Austria. *Orixás in Psychotherapy* is a model which contributes to a better understanding of physical and mental sufferings. As a Yalorixá of Umbanda and clinical psychotherapist Tina unites scientific and spiritual knowledge to a holistic approach to healing. **"Dancing the Sacred is communing with Nature! It is to travel to the centre of creation and find yourself!"**

## Instructors



### Dr. Susana Pendzik (Israel)

PhD., RDT, Head of the Drama Therapy Graduate Program at Tel Hai College (Israel), lecturing also at the Theatre Studies Department of the Hebrew University of Jerusalem, the Swiss Drama therapy Institute, as well as in other institutions of higher education in Europe, Latin America, and conducting workshops worldwide. She is the author of many articles in drama therapy, including a book on Gruppenarbeit mit mißhandelten Frauen (1999), co-editor of Assessment in drama therapy (2012) and The self in performance: Autobiographical, self-revelatory, and autoethnographic forms of therapeutic theatre (2016), and co-author of Dramaterapia: Un enfoque creativo para el trabajo terapéutico (2018). She is a supervisor and has a private practice.



### Evan Hastings (U.S.)

Drama Therapist, Theatre of the Oppressed practitioner and Critical Educator. Artistic Director of The Theatre in Health Education Trust in Ōtepoti/ Dunedin. Evan has a passion for turning pain into medicine through theatre. He created Shadow Liberation, a participatory shadow theatre method for community dialogue. He has been teaching in arts and education programmes in the U.S (Harvard University's Graduate School of Education), in India and in New Zealand.



### Tina de Souza (Brasil)

Tina de Souza, Psychologist specialised in clinical care for adults, adolescents, children and couples. Graduated in Higher Education, researcher of the relationship between Psychology and Spirituality and the influence of the elements: Fire, Earth, Water and Air and their respective forces and dynamics in everyday life. Tina is the author of the book "Orixás no Divã" and has presented her work in Brasil, U.S, Canada and in Europe. She is also a Yalorixá in the Umbandistic Tradition of Templo Guaracy do Brasil.